

January 2026

SANDFIELD PLACE

LTC

DIMANCHE/ SUNDAY	LUNDI/MONDAY	MARDI/TUESDAY	MERCREDI/WEDNESDAY	JEUDI/THURSDAY	VENREDI/FRIDAY	SAMEDI/SATURDAY
	LONG TERM CARE CALENDAR OF EVENTS		JANUARY 2026 JANVIER	Birth: Pauline Poirier New Year's Day!! 	Birth: Betty Black 8:00—Restorative Dining 10:00-One to One visit 2:00- Room to Room Bingo	10:00—Walk, Talk n Roll 2:00—Bingo
10:00—Walk, Talk n Roll 2:00— Social Hour 4	8:00—Restorative Dining 10:00-Tai Chi 2:00—Fun Game 5	8:00—Restorative Dining 9:30- Communion 10:15—Laundry Folks 2:00— Coffee News 6	8:00—Restorative Dining 10:00—Residents' Council Meeting 2:00— Loonie Bingo 7	8:00—Restorative Dining 10:00- Worship Service Trinity Anglican Church 10:15— Laundry Folks 2:00- Snow Ball Fight 8	8:00—Restorative Dining 10:00-Tai Chi 2:00- Tim Horton's Treat 9	10:00—Walk, Talk n Roll 2:00—Bingo 10
10:00—Walk, Talk n Roll 2:00— Social Hour 11	8:00—Restorative Dining 10: 00-Tai Chi 2:00— Fun Game 12	8:00—Restorative Dining 10:15—Laundry Folks 2:00- Sing- A -long 13	8:00—Restorative Dining 10:15—Fun & Fitness 12:00- Lunch In 2:00 - Loonie Bingo 14	8:00—Restorative Dining 10:15— Laundry Folks 10:00- Worship Service with Pastor Brad 11:00—One/One Visits 2:00— Mass on YouTube 15	8:00—Restorative Dining 10:00-Tai Chi 11:00—One/One Visits 2:00— Pub Hour 16	10:00—Walk, Talk n Roll 2:00—Bingo 17
10:00—Walk, Talk n Roll 2:00— Social Hour 18	8:00—Restorative Care 10: 00-Tai Chi 2:00- Fun Game 19	8:00—Restorative Dining 9:30- Communion 10:15—Laundry Folks 2:00 – Entertainment with Norm and Friends 20	8:00—Restorative Dining 10:15—Fun & Fitness 2:00-Loonie Bingo 21	8:00—Restorative Dining 10:15— Laundry Folks 11:00—One/One Visits 2:00— Coffee News 22	Birth: Hazel McIntyre 8:00—Restorative Dining 10:00-Tai Chi 2:00- Birthday Party with Lucien 23	10:00- Walk, Talk & Roll 2:00—Bingo 24
10:00—Walk, Talk n Roll 2:00— Social Hour 25	8:00—Restorative Dining 10: 00-Tai Chi 2:00—Fun Game 26	BIRTH: Paulette Lamothe 8:00—Restorative Dining 10:15—Laundry Folks 2:00— Entertainment with Len Goldfarb 27	8:00—Restorative Dining 10:15—Fun & Fitness 2:00-Loonie Bingo 28	8:00—Restorative Dining 10:15— Laundry Folks 11:00—One/One Visits 2:00- Sandbag Bingo 29	8:00—Restorative Dining 10:00-Tai Chi 2:00— Sing- a -Long 30	10:00- Walk, Talk & Roll 2:00—Bingo 31
February 1 10:00—Walk, Talk n Roll 2:00— Social Hour	February 2 8:00—Restorative Dining 10: 00-Tai Chi 2:00—Fun Game					