



January 2023

SANDFIELD PLACE

RETIREMENT

| DIMANCHE/ SUNDAY | LUNDI/MONDAY | MARDI/TUESDAY | MERCREDI/WEDNESDAY | JEUDI/THURSDAY | VENREDI/FRIDAY | SAMEDI/SATURDAY |
|----------------------------|---|---|--|---|--|------------------------------------|
| 2:00—Social Hour 1 | 9:00- Communion 9:30—Fun & Fitness 10:45— Laundry Folks 2:00— Fun Game 2 | 9:30- Fun & Fitness 1:30—Tuesday at the Movies 3 | 9:30- Residents Council Meeting 2:00— Toonie Bingo 4 | 9:30—Fun & Fitness 10:45— Nu Step Bike 2:00— R.C Mass on YouTube 5 | 9:30- Fun & Fitness 10:45—Laundry Folks 2:00 – Pub Hour 6 | 2:00—Giant Bingo 7 |
| 2:00—Social Hour 8 | 9:30—Fun & Fitness 10:45— Laundry Folks 1:30— Shopping 9 | 9:30- Fun & Fitness 1:30— Tim Horton's Treat 10 | 9:30— Nu Step & Nail Care 10:45—Laundry Folks 2:00- Toonie Bingo 11 | Birth-Carl Ezard 10:00-Worship Service Trinity Church 2:00— Winter Craft 12 | 9:30 - Fun & Fitness 10:45—Laundry Folks 2:00- Entertainment Lucien 13 | 2:00— Giant Bingo 14 |
| 2:00—Social Hour 15 | 9:00- Communion 9:30—Fun & Fitness 10:45 Laundry Folks 2:00- Brain Games 16 | 9:30- Fun & Fitness 12:00- Lunch In 2:00- Worship Service on YouTube 17 | 9:30— Nu Step and Nail Care 10:45—Laundry Folks 2:00— Toonie Bingo 18 | 9:30— Fun & Fitness 10:45— Nu Step Bike 2:00— Sentimental Duo 19 | 9:30 Fun & Fitness - 10:45—Laundry Folks 2:00-Mass on YouTube 20 | 2:00— Giant Bingo 21 |
| 2:00—Social Hour 22 | 9:30—Fun & Fitness 10:45 Laundry Folks 2:00- Fun Game 23 | 9:30— Shopping 2:00-Entertainment with Len Goldfarb 24 | 9:30— Nu Step and Nail Care 10:45—Laundry Folks 2:00- Arm Chair Travel Germany 25 | 9:30— Fun & Fitness 10:45— Nu Step Bike 2:00— Toonie Bingo 26 | 9:30- Fun & Fitness - 10:45—Laundry Folks 2:00- Entertainment with Lucien 27 | 2:00— Giant Bingo 28 |
| 2:00—Social Hour 29 | 9:30—Fun & Fitness 10:45— Laundry Folks 2:00- Jeopardy! 30 | 9:30- Fun & Fitness 2:00-Coffee News 31 |  |  | RETIREMENT CALENDAR OF EVENTS | JANUARY 2023 JANVIER |