



SANDPIPER News

MAY 2024



JOYCE ALGUIRE MAY 10
MYRTLE FLEGG MAY 13
LIONEL LEDUC MAY 17

≡ Welcome ≡

NEW RESIDENT:
PAULINE POIRIER

HIGHLIGHTS FOR MAY

- May 1 Residents Council Meeting
- May 3 Tim Horton's Smile Cookies
- May 8- Mother's day Tea (LTC)
- May 9- Mother's Day Tea (Ret)
- May 10 Entertainment with Lucien
- May 11- Super Bingo
- May 13 Arm Chair Travelers- China
- 14- Entertainment with Norm and Diane
- May 15- Coffee Break Fundraiser
- May 15- Lunch Outing (LTC)
- May 16- Lunch Outing (RET)
- May 17 Pub Hour
- May 22- Scenic Drive
- May 24- Monthly Birthday Party
- May 25- Giant Bingo
- May 28- Drumming with Jody
- May 29- Scenic Drive
- May 31 Wheel of Fortune

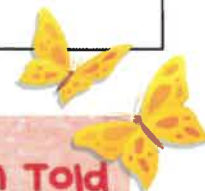
What the Robin Told

The wind
told the grasses,
And the grasses
told the trees.

The trees
told the bushes,
And the bushes
told the bees.

The bees
told the robin,
And the robin
sang out clear:

Wake up!
Wake up!
Spring is here!



Around Sandfield

HAPPY BIRTHDAY APRIL



KAREN'S LATEST PUZZLE



LET'S PLAY BALL!



From the Desk of the Administrator



STEPHANIE KINNEAR
ADMINISTRATOR

HAPPY MAY! HOW CAN IT BE MAY ALREADY? WEREN'T WE JUST HEADED INTO FEBRUARY AND THE DREADED WET AND DAMP COLD? TIME SURE DOES FLY BY WHEN WE ARE HAVING FUN!

APRIL WAS A MONTH OF SORTS – I PUT AWAY MY WINTER COAT ONLY TO HAVE TO DIG IT OUT AGAIN. DON'T EVEN MENTION MY SPRING CLOTHES! THEY WENT TO THE BACK OF THE CLOSET AGAIN TOO. BUT AS IN PREVIOUS YEARS, MY DAFFODILS POKED THEIR HEADS UP AND BLOOMED SO SPECTACULARLY THAT I COULD ONLY BE IN AWE OF THAT DETERMINATION.



THE TED LAURIER PLACE REDEVELOPMENT IS MOVING ALONG ON SCHEDULE. TOLLGATE ROAD HAS TAKEN ON A NEW LOOK NOW, AS THE PETITIONS AND WALLS THAT FACE TOLLGATE ARE UP! SHINGLES ARE STARTING SOON TOO, AND THE BACK OF THE PROPERTY WILL TAKE SHAPE BY JUNE. IF YOU HAVE AN OPPORTUNITY, ASK A STAFF MEMBER OR A FAMILY MEMBER TO PULL UP OUR FACEBOOK PAGE. WE HAVE SOME DRONE FOOTAGE ON IT THAT OUTLINES THE VASTNESS OF THE PROPERTY AND YEAH, ITS BIG!

DURING THE MONTH OF MAY, WE HAVE SEVERAL ENTITIES WE CELEBRATE. LIKE MOTHER'S DAY. WHETHER THAT PERSON IN YOUR LIFE IS YOUR MOTHER OR SIMPLY SOMEONE IN A MOTHERLY ROLE, TAKE THE TIME TO WISH THEM A HAPPY MOTHER'S DAY. ALSO, DURING THE MONTH OF MAY, WE CELEBRATE NURSE'S WEEK. AT SANDFIELD, WE CELEBRATE NURSING WEEK INSTEAD, AS WE HAVE SEVERAL LAYERS OF NURSING CARE WITHIN THE WALLS OF THE HOME. EVERYONE DESERVES A SPECIAL THANK YOU AND RECOGNITION, SO HAPPY MOTHER'S DAY AND THANKYOU TO ALL OUR STAFF FOR THEIR KINDNESS AND GENEROUS CARE TO RESIDENTS AND FAMILIES.

AS ALWAYS, I WANT TO ADD THAT OUR HOME HAS MANY HAND WASHING STATIONS LOCATED THROUGHOUT THE HALLWAYS. PLEASE USE A MASK AS WELL, IF YOU ARE NOT FEELING WELL, PLEASE STAY HOME AND RECONSIDER VISITING. OUR RESIDENTS THOROUGHLY ENJOY VISITS FROM FRIENDS AND FAMILIES, BUT NOT NECESSARILY THE GERMS.

ENJOY THIS MONTH OF MAY AND ALL THAT IT BRINGS AND HOLDS.

STEPHANIE KINNEAR, ADMINISTRATOR





VOLUNTEER APPRECIATION *elze*



OUT FOR LUNCH TO KATRINA'S



HAPPY MAY EVERYONE!
WITH MOTHERS DAY APPROACHING
WE WANTED TO REMIND YOU IF YOU
WOULD LIKE TO HAVE A MEAL WITH
YOUR LOVED ONE TO BOOK EARLY AS WE CAN ONLY
ACCOMMODATE A MAXIMUM OF 4 TRAYS PER MEAL. THIS
CAN BE DONE BY SPEAKING WITH THE RN IN CHARGE.
OTHER OPTIONS INCLUDE BRINGING IN A MEAL FOR
YOURSELF TO EAT WITH YOUR LOVED ONE IN THEIR ROOM
OR YOU CAN BOOK THE EXERCISE ROOM BY CALLING 613-
933-6972 EX. 32.



OUR REGISTERED STAFF WILL BE ATTENDING TRAINING
SESSION IN THE NEAR FUTURE. THERE WILL BE PALLIATIVE
CARE TRAINING THROUGH CORNWALL HOSPICE AND IV
TRAINING WITH OUR NP CAITIE. BOTH THESE INITIATIVES
ARE IN HOPES TO KEEP OUR RESIDENTS AS COMFORTABLE
AS POSSIBLE HERE AT SANDFIELD PLACE.

MORE GOOD NEWS! IN ADDITION TO OUR CURRENT
MEDICAL DIRECTOR DR. COOKSON, WE ARE PLEASED TO
ANNOUNCE THAT WE NOW HAVE 2 NURSE PRACTITIONERS
ON OUR TEAM! ONE IS CAITIE, WHO IS COMING IN ONE DAY
A WEEK TO LOOK SPECIFICALLY AT ACUTE ISSUES AND
OPTIMIZING MEDICATIONS. OUR OTHER NURSE
PRACTITIONER IS JUDY; SHE IS INVOLVED WITH EDUCATION
AND IS TRYING TO REDUCE THE NUMBER OF HOSPITAL
VISITS FOR OUR RESIDENTS. WE ARE HAPPY TO HAVE THEM
JOIN OUR SANDFIELD PLACE TEAM!
HOPE EVERYONE HAS A WONDERFUL MAY!

How does the sun
listen to music?
On the ray-dio.



Why are waterbeds
so bouncy?
They're filled
with spring water.



What falls
but never gets hurt?
The rain.



Update: Quality
Control ~



HI MY NAME IS SEBASTIAN PERRIER AND I AM THE QUALITY CONTROL LEAD AT SANDFIELD PLACE. I WANT TO TALK ABOUT SOME OF THE ISSUES AROUND FALLS AND TRANSFERS TO HOSPITAL. WE HAVE ONLY SEEN 3 MINOR INJURIES RELATED TO FALLS IN THE MONTH OF MARCH. TRANSFERS TO HOSPITAL HAVE BEEN MINIMAL WITH ONLY FOUR RESIDENTS HAVING TO BE SENT OUT BY AMBULANCE. WE DID NOT SEE ANY GASTROINTESTINAL INFECTIONS IN MARCH.

WE ALL WANT TO THANK YOU FOR DOING YOUR PART IN HELPING KEEP INFECTIONS DOWN BY WASHING YOUR HANDS AND STAYING HOME WHEN YOU ARE FEELING UNWELL.

Update: IPAC~



HI EVERYONE

MY NAME IS MATT FORTIER AND I AM THE INFECTION PREVENTION AND CONTROL (IPAC) LEAD HERE AT SANDFIELD PLACE. I AM HAPPY TO LET YOU KNOW THAT 70% OF OUR ELIGIBLE RESIDENTS THAT LIVE IN LONG-TERM CARE ARE UP TO DATE WITH THEIR COVID-19 VACCINATIONS. THIS IS GREAT NEWS! OUR NEXT COVID-19 CLINIC FOR THE RESIDENTS WILL BE HELD MAY 30, 2024. RETIREMENT AND LONG-TERM CARE RESIDENTS ARE ELIGIBLE FOR THIS DOSE PROVIDING THAT THEIR LAST DOSE OR COVID 19 INFECTION WAS MORE THAN SIX MONTHS AGO.

AS FOR RULES AROUND OUTBREAKS RIGHT NOW IF A RESIDENT TESTS POSITIVE FOR COVID-19 THEY HAVE TO BE ISOLATED FOR A MINIMUM OF 5 DAYS FROM SYMPTOM ONSET OR POSITIVE TEST (WHICH EVER IS EARLIER). IF WE HAVE TWO RESIDENTS WITH COVID 19 IT WILL SEND US INTO AN OUTBREAK. IN ORDER FOR IT TO BE DECLARED OVER WE WOULD NEED TO BE CASE AND SYMPTOM FREE FOR 7 DAYS. THE RESIDENTS AFFECTED COULD NOT HAVE ANY NEW SYMPTOMS WITHIN THAT TIME PERIOD.



"Mothers hold their children's hands for a short while, but their hearts forever."

- Unknown



FROM THE KITCHEN....



KELLY BAILEY
FSS

WELCOME SPRING, WHICH MEANS WELCOME TO THE NEW SPRING / SUMMER MENU! IT OFFICIALLY STARTED ON MONDAY APRIL 29TH, AND WILL RUN UNTIL AT LEAST THE END OF SEPTEMBER. THE NEW MENU WILL BRING LOTS OF FRESH VEGETABLES AND FRUIT, WHEN THEY COME AVAILABLE, SUCH AS WATERMELON, STRAWBERRIES, RASPBERRIES, CORN ON THE COB, TOMATOES, AND YELLOW BEANS. STARTING IN THE SUMMER WE WILL HAVE BARBEQUED HOTDOGS AND HAMBURGERS ON WEDNESDAYS TWICE A MONTH! (WEATHER PENDING). HOPEFULLY, WE WILL HAVE ADDITIONAL BBQ'S FOR ANY SPECIAL OCCASIONS. LASTLY, IN THE MONTH OF MAY WE WILL HAVE A "COUNTRY OF THE MONTH" MEAL, WHICH WILL BE CHINESE FOOD. IN CONJUNCTION WITH THE ACTIVITY DEPARTMENT, THERE WILL BE SOME FUN AND LEARNING ACTIVITIES ABOUT CHINA, AND TO END THE DAY THE RESIDENTS WILL ENJOY A SUPPER MEAL OF EGG ROLLS, CHICKEN FRIED RICE, CHICKEN CHOW MIEN, AND SPARE RIBS



FLASHBACK...



ANN EVANS
ACTIVITY AND
VOLUNTEER
COORDINATOR

WE KNOW ITS SPRING BECAUSE WE SAW OUR TULIPS COME UP IN THE BACK YARD AND ROBINS ARE STARTING TO BUILD THEIR NESTS IN OUR TREES! ANOTHER SIGN OF SPRING IS THE START OF BASEBALL SEASON. THIS SAW STAFF AND RESIDENTS WEAR BASEBALL CAPS AND THE ACTIVITY DEPARTMENT CREATED AN INDOOR BASEBALL GAME THAT WAS BOTH CHALLENGING AND ENTERTAINING. APRIL WAS VOLUNTEER APPRECIATION MONTH AND THIS GAVE US THE OPPORTUNITY TO HAVE AN IN PERSON CELEBRATION; OUR FIRST IN 5 YEARS! WE CELEBRATED OUR VOLUNTEERS WITH A SPECIAL HAWAIIAN LUAU. THE ACTIVITY DEPARTMENT WAS IN PARTY MODE WITH BARRY DECORATING THE ROOM AND KARLEY AND THE RETIREMENT RESIDENTS MAKING FRUIT SKEWER CENTER PIECES. KELLY IN THE KITCHEN PREPARED HAWAIIAN MEATBALLS AND RICE. DESSERT WAS A DELICIOUS PARFAIT WITH TROPICAL FRUIT PUREE LAYERS TOPPED WITH WHIP CREAM AND COCONUT. IT WAS A NICE WAY TO SAY "THANK YOU" TO THOSE WHO DO SO MUCH FOR US! OUR ENTERTAINERS INCLUDED LUCIEN, THE ULTRA CLASSES A CHOIR AND NORM AND DIANE! THE FUN JUST NEVER STOPS AT SANDFIELD PLACE!!

In Memoriam
Antonin (Tony) Boileau
April 26, 2024

We, at Sandfield Place join together to extend our sincere condolences to the family and friends of our departed residents.

Memorial Donations to the Residents' Council of Sandfield Place are accepted and appreciated. Memorial cards are available at the business office and the activity office. Receipts are issued.



Spring Word Find



F	H	E	X	W	H	X	S	G	S	V	J	Y	S	I	Q	S	O	B	R	Y	W	F
I	R	E	W	V	C	E	N	N	S	P	T	K	L	S	U	N	N	Y	N	G	J	D
N	X	E	A	T	J	R	R	O	W	H	S	F	S	F	T	W	Q	Y	R	X	S	R
B	S	B	Q	S	H	D	X	O	E	B	F	O	I	W	A	R	M	Y	O	U	G	I
K	C	T	Z	I	T	Q	M	A	E	J	N	U	H	C	E	L	G	D	B	H	R	Z
S	F	L	J	I	K	E	G	G	T	A	H	C	R	A	M	Z	N	J	P	L	E	Z
A	H	E	N	J	O	Y	R	K	K	U	W	O	P	D	A	D	I	R	Y	Z	E	L
R	M	O	E	D	T	E	K	S	A	B	U	T	C	K	T	D	N	M	S	X	N	E
W	E	S	W	Q	L	F	L	O	H	H	N	L	W	H	F	E	E	H	O	X	S	O
E	Q	P	F	E	O	T	R	M	X	E	C	E	O	S	O	E	D	L	R	N	K	L
N	Z	O	C	O	R	H	B	T	T	A	A	M	N	E	U	S	R	Q	A	E	T	T
E	F	R	T	A	F	S	U	A	Z	T	N	E	K	R	B	Y	A	Z	Z	E	S	H
G	M	D	S	F	Q	Z	D	O	A	Q	T	F	I	F	A	Z	G	N	E	K	Z	I
L	Q	F	S	Z	T	I	R	D	J	O	R	T	K	E	W	I	N	D	J	I	B	D
E	U	L	K	K	O	Y	B	Q	K	F	T	A	K	R	Z	Q	M	A	Y	H	I	W
Y	C	S	E	V	A	E	L	J	S	S	O	F	C	A	M	P	P	U	S	V	Y	M
W	E	S	W	Q	L	F	L	O	H	H	N	L	W	H	F	E	E	H	O	X	S	O
E	Q	P	F	E	O	T	R	M	X	E	C	E	O	S	O	E	D	L	R	N	K	L
N	Z	O	C	O	R	H	B	T	T	A	A	M	N	E	U	S	R	Q	A	E	T	T

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|-----------|---------|---------|------|
| EASTER | DRIZZLE | SUNNY | BORN |
| LEAVES | DROPS | SWEET | CAMP |
| GARDENING | ENJOY | GREEN | BUD |
| MAY | HEAT | SEED | WARM |
| SHOWERS | HIKE | MONTH | |
| WIND | MARCH | NEW | |
| BASKET | MELT | REFRESH | |

