

 Sandfield Place

# SANDPIPER NEWS

January 2023



## JANUARY BIRTHDAYS



### Retirement

Carl Ezard- Jan 12

### Long Term Care

Remi Parisien Jan 8

Carmen Larkin Jan 15

## HIGHLIGHTS FOR JANUARY

- \*Residents Council Meeting - 4
- \*Shopping (RET.)- 9
- \*Tim Horton's Treat -10
- \*Entertainment with Lucien - 13
- \*Lunch In- 17 (Ret.)
- \*Lunch In -18- (LTC)
- \*Entertainment with the Sentimental Duo 19

- \*Shopping (RET.) - 24
- \*Entertainment with Len Goldfarb - 24
- \*Arm Chair Travel - 25
- \*Entertainment with Lucien 27
- \*Jeopardy!- 30

# Around Sandfield

HAPPY BIRTHDAY DECEMBER!



Christams Craft



*Decorating  
Christmas  
cookies*



**Ugly  
Sweater  
Day!**



Happy New Year Everyone!

I hope everyone had a lovely holiday and had a chance to enjoy some family time snuggled in at home as we experienced "blizzard like conditions" outside. I am being cautiously optimistic that the worst is over!

Our residents were able to have a fairly normal Christmas season, with visits from Santa and holiday music which could be heard throughout the home during the month of December, bringing the extra joy we all love during this festive season. We are not quite back to normal as we were not able to have our families in for our Christmas social but we are hopeful that next year will be our year.

Kudos to our staff that have been busy maintaining our infection control mandates and they have done an exceptional job thus far. I cannot express how impressed I have been with their due diligence and their attention to details.

We are still being very cautious as Covid restrictions start to ease ever so slightly. So keep up the good work and keep washing your hands!!

Happy January everyone!

Stephanie Kinnear, Administrator



**Stephanie Kinnear**  
**Administrator**

## Flash Back

**What a fun December! It was the most "normal" we have had in a few years and I think everyone enjoyed it immensely! We started off on December 1st with entertainment from The Ultra Classics and the music just kept on going from there. We had Lucien, Len Goldfarb, Walter and the Boys, Ed and Marie and Moe and Stephan! So nice to hear the Christmas music ringing through the halls of Sandfield Place again! We had some fun activities as well such as; a reindeer hunt, Christmas party games and an ugly sweater day so everyone could get in on the fun! We also had a chance to decorate ugly sweater cookies and Residents had a wine and cheese party. We capped off Christmas with a visit from Santa and a holiday sing -a-long.**

**Our raffle basket made \$624.00, that is a record! The winner was Jack Forsyth, Congratulations! Hope you have a wonderful January!**



Ann Evans  
Activity  
and  
Volunteer Coordinator

EVERY NEW  
YEAR'S EVE,  
I LOOK  
FORWARD TO  
A GOOD SHOW  
AT TIME'S  
SQUARE ... AND  
YEAR AFTER  
YEAR, THEY  
DROP THE BALL.



I MADE A NEW  
YEAR'S RESOLUTION  
TO STOP  
PROCRASTINATING,  
BUT I'M GOING  
TO WAIT UNTIL NEXT  
YEAR TO START.

\*



Santa visited Sandfield Place ! Staff at Sandfield played Santa this year by donated gifts to the optimist toy drive!!



Winner of the Raffle basket Jack Forsyth! presented by Santa Greg Caron

Happy New Year Everyone!

We hope everyone had a wonderful holiday season!

Just a friendly reminder for families that they only need

to have a minimum of 2 doses of the COVID-19 vaccine for an indoor visit.

If you are not vaccinated, you can take your family members out or have an outdoor visit with them. A special note that during end of life care, families can come in to visit regardless of vaccination status.

Please do not get upset with the staff when they are trying to enforce these rules they are only following directions from the Ministry of Health.

For all of our new families "Welcome!" and be reassured that if you have any questions please feel free to ask any of our staff and they will help you find the answer you are looking for. If you ever want to get an update on how your loved ones are doing, or have questions about their care needs, you can call the nursing station at any time at 613-933-6972 ext 31.

Our doctors are in every Tuesday to assess the residents. If you have any concerns for the doctor about your loved one please let the RN know and it can be added to the doctors list for rounds on their Tuesday visit.

Wishing everyone health and happiness in the New Year.

Samantha Below, RN, BScN

Director of Care, Sandfield Place



Samantha Below  
Director of Care



### A not from the Hairdresser.....

In keeping with inflation I will be raising my prices slightly:

Wash & Set- \$20.00

Cut & Blow dry - \$23.00

Wash, Cut & Set \$28.00

Prices may change depending on length and thickness

#### Men's

Cut \$15.00

Wash and Cut \$18.00

#### Chemical Services

Perms \$60.00

Colour- \$55.00

I truly appreciate your business and your friendship my clients are my family. ♥

I am committed to offering my service 150% one on one. Thank you for supporting me through this time of change. Any further questions please do not hesitate to reach out and call me at 613-577-0906 I will be happy to chat.

*Kelly*

### Staff Extensions

Ext. 21- Retirement

Ext. 22-Hair Salon

Ext. 23 -

Administrator

Ext. 24- Office/  
Monique

Ext. 25- Resource  
Office

Ext. 26- DOC/  
Samantha

Ext. 27.-

Maintenance

Ext. 28.- Dietary

Ext. 29. -Board  
Room

Ext. 30. -

BSO/Restorative

Ext. 31.- Nursing

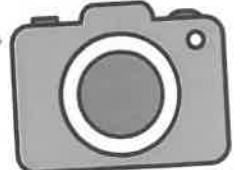
Ext. 32.- Activity  
Office

Retirement

Portable-

613-933-4243

# CHRISTMAS WINE AND CHEESE!



# Burns Night - Word Search

Can you find all of the words hidden in the grid?

U	L	S	M	B	V	L	S	O	W	E	X	B	S	A
Q	T	I	C	S	U	E	O	Q	O	I	P	K	O	X
T	J	R	K	O	K	R	H	P	X	K	S	Y	N	C
J	N	X	E	A	T	K	N	N	E	E	P	S	G	H
T	Z	F	C	B	I	L	M	S	B	E	T	P	S	Z
R	M	T	R	L	O	W	A	B	K	L	A	N	A	V
C	A	N	T	E	D	R	N	N	S	A	T	A	J	H
O	B	A	G	P	I	P	E	S	D	K	T	T	U	S
I	X	R	D	X	A	H	R	A	Y	C	I	R	A	G
S	I	G	G	A	H	E	N	Z	X	Q	E	A	D	Z
M	E	O	P	Y	P	C	P	N	V	C	S	T	U	G
F	E	L	E	I	I	Z	L	G	K	O	Y	J	N	D
O	L	Q	P	N	G	L	M	R	Q	V	B	F	P	I
N	B	N	G	L	W	K	P	C	L	F	W	T	G	Q
M	P	D	B	E	W	Q	A	C	Q	S	Q	V	W	A

BAGPIPES

BURNS

COCKALEEKIE

DANCING

HAGGIS

KILT

NEEPS

OATCAKES

PIPER

POEM

ROBERT

SCOTLAND

SONGS

TARTAN

TATTIES



Welcome  
New  
Residents

\*Cecile Parker  
\*Marielle Bowen  
\*Sharon Price

Happy New Year everyone!

Continuing on with our arm chair travel series the dietary and activity departments are going to present a trip to Germany in January. This activity lets residents experience the tastes and culture of a new country each month. This month we will be trying the new offering of veal roulade. This dish may have French sound to it but, Rouladen is a traditional German dish featuring long, thin strips of meat slathered with mustard and filled with bacon, onion, and pickles. The filling is enclosed by rolling up the meat strips and the roulades are then browned and slow-simmered in a rich gravy. This dish is enjoyed throughout the year in Germany but it is often associated with Sunday dinners and special occasions like Christmas Eve.



Kelly Bailey  
Food Service Supervisor

We hope you enjoy this delicious new dish!! Happy traveling!

### **In Memoriam**

Laurier Laurin Dec 6, 2022  
Mary Haley December 9, 2022  
Audrey Warwick Dec 13, 2022  
Victor Proulx December 28, 2022



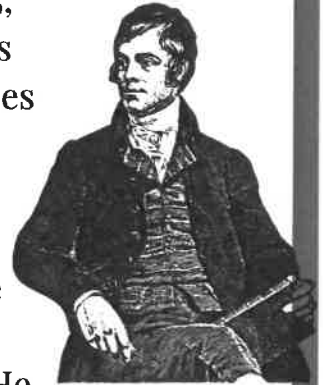
**We, at Sandfield Place  
join together to extend our sincere condolences  
to the family and friends of our departed residents.**

**Memorial Donations  
to the Residents' Council of Sandfield Place  
are accepted and appreciated.  
Memorial cards are available at the activity office.  
Receipts are issued.**



## Robert Burns Day January 25th

Robert Burns was born in Alloway, Scotland, on January 25, 1759. He died in Dumfries, Scotland, on July 21, 1796. He was a bard (poet) and wrote many poems, lyrics and other pieces that addressed political and civil issues. Perhaps his best known work is "Auld Lang Syne", which is sung at New Year's Eve celebrations in Scotland, parts of the United Kingdom, and other places around the world. Burns is one of Scotland's important cultural icons and is well known among Scottish expats or descendants around the world. He is also known as: "Rabbie Burns"; the "Bard of Ayrshire"; "Scotland's favorite son"; and in Scotland "The Bard".



**We are extending an invitation for all family members to attend a family council information session on Thursday January 19, at 2pm at Sandfield Place in the small dining room.**

**We will discuss forming a family council**



**Family Councils Ontario**

## Fun Facts about Chinese New Year

This year Chinese New Year will be celebrated on January 22, 2023

This year will be the year of the Rabbit

Children receive lucky money in red envelopes on Chinese New Year

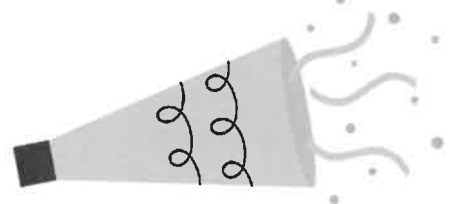
There is no set date for the Chinese New Year it is determined by the lunar calendar

In mandarin you say "xin nian kuai le"

It translates into Happy new year but in Hong Kong you say "gong hei fat choy." It means "congratulations on the fortune."



# HAPPY NEW YEAR!



W I H V V A X R N R Z G O A L S A Z Y F  
 G R B K G Z T Y Z I Z Z J Q C O M P X B  
 M D M B T B K T P X N S L T K C X X W T  
 M I Q C R A E Y W E N O Z J K S K R N H  
 L P D M V X P N Z J L O V Z V Y D Z Q G  
 G P E X A X K O Q N C O U N T D O W N I  
 F V Z N D S S M B P C Y W V F T W F B N  
 T R S P S P A R K L E R S H Q T O J A D  
 P J O L B Y V M S Y L N N N R C A F L I  
 Y L P E N S K R O W E R I F Z N Y C L M  
 X J K E B D P P G W B K N J U G J W O J  
 W I S C F S F L D B R G P A J E X A O K  
 Q S C A O W D J R M A W R T J H Q H N C  
 F R Q K J N W P A R T Y P O P P E R S O  
 K E P A U J F G X M I Z X R T S X K Q L  
 V E N R I Y E E B G O Q Y I U P H K Y C  
 Y H I S I R E O T J N O I T U L O S E R  
 Q C S H A P P Y G T B O U V C D L R Z G  
 R M Q G Q X Y B N O I S E M A K E R G F  
 N A E N K V K T Y F H R R A Y R Y I A V



**Countdown**  
**Confetti**  
**Midnight**  
**Balloons**

**Celebration**  
**Fireworks**  
**January**  
**Happy**



**New Year**  
**Clock**  
**Cheers**  
**Goals**

**Party Poppers**  
**Noisemaker**  
**Resolution**  
**Sparklers**

