





July 2022

SANDFIELD PLACE

Retirement

DIMANCHE/ SUNDAY	LUNDI/MONDAY	MARDI/TUESDAY	MERCREDI/WEDNESDAY	JEUDI/THURSDAY	VENREDI/FRIDAY	SAMEDI/SATURDAY
RETIREMENT CALENDAR OF EVENTS	JULY 2022 JUILLET			 IT'S SUMMER!	 la fête du CANADA Day	2:00—Summer Giant Bingo
2:00—Social Hour 3	9:30— Fun & Fitness 10:45- Laundry Folks 1:30-Shopping 4	9:30— Nu Step Bike 2:00- Coffee News 5	9:30— Fun & Fitness 10:45— Laundry Folks 2:00 –Toonie Bingo 6	9:30-Fun &Fitness 10:45- Nu Step Bike 2:00—R.C. Mass on YouTube 7	9:30—Outdoor Stroll 10:30- Room to Room Communion 10:45-Laundry Folks 2:00- Patio Treat 8	2:00— Summer Giant Bingo 9
2:00— Social Hour 10	9:30—Fun & Fitness 10:45- Laundry Folks 2:00- Gardening & Game 11	9:30—Seniors on Wheels Group 1 2:00—Entertainment with the Sentimental Duo 12	9:30— Fun & Fitness 10:45— Laundry Folks 1:30— Avonmore Berry Farm 13	Hawaiian Day 10:00- Worship Service with Trinity 2:00-Hawaiian Beach Party 14	9:30— Outdoor Stroll 10:30- Room to Room Communion 10:45—Laundry Folks 2:00— Pub Hour 15	2:00— Summer Giant Bingo 16
2:00—Social Hour 17	BIRTH. Elizabeth Cleary 9:30—Fun & Fitness 10:45- Laundry Folks 2:00— Gardening & Game 18	9:30— Seniors on Wheels Group 2 2:00- Coffee news 19	9:30— Fun & Fitness 10:45— Laundry Folks 2:00- Toonie Bingo 20	9:30- Shopping 2:00 - R.C. Mass on YouTube 21	9:30— Outdoor Stroll 10:30- Room to Room Communion 10:45—Laundry Folks 2:00— Birthday Party with Lucien 22	2:00—Summer Giant Bingo 23
2:00—Social Hour 24 2:00—Social Hour 31	9:30—Fun & Fitness 10:45- Laundry Folks 2:00- Gardening & Game 25	9:30— Nu Step Bike 2:00— Entertainment with Moe and Stephan 26	10:30- Picnic Morisburg Park 2:00-Toonie Bingo 27	9:30— Fun & Fitness 10:45- Nu Step Bike 2:00— Worship Service 28	9:30— Outdoor Stroll 10:30- Room to Room Communion 10:45—Laundry Folks 2:00— Patio Treat 29	2:00— Summer Giant Bingo 30